

# Taco Dip

## side dishes

**POINTS®** Value: 2

Servings: 24

Preparation Time: 15 min

Cooking Time: 15 min

Level of Difficulty: Easy

Course: side dishes

## Ingredients

- 2 cup fat-free sour cream
- 1 pound low-fat cheddar or Colby cheese
- 2 cup salsa
- 1 pound uncooked lean ground beef (with 7% fat), Cook in skillet
- 1 serving Chi-Chi's Fiesta taco seasoning mix

## Instructions

Preheat oven to 350 degrees.

Lightly spray a 13 x 9 pan with Pam (vegetable spray).

In a skillet cook your ground beef. Pour off any excess fat. Stir in the Taco Seasoning stirring until well blended. Remove from heat.

Spread the meat mixture evenly in the 13 x 9 pan.

Evenly spread the sour cream over the meat mixture.

Evenly spread the Salsa over the sour cream layer.

Top with Cheese and bake until the cheese melts.

Serve with low fat or fat free chips such as Fat Free Pringles, Baked Lays, etc